Dear Members,

As winter days draw to a close we celebrate our programmatic successes of the past few months, especially the Morris and Mollye Fogelman International Jewish Film Festival which brought many new and returning guests to see inspirational and entertaining films representing a variety of genres from all of over the world. We are all looking forward to warmer weather, which brings our spring youth Soccer and T-ball leagues and exciting adult programs like softball and tennis clinics. We thank our programming staff that inspire and motivate our members of all ages throughout the year.

MJCC Summer Camp is just around the corner and registration is now open for ages 3 through 10th grade. This summer, campers will join us in June and be “Welcomed to the Jungle” by our amazing camp staff. Returning camps include: J-Ninja, STEAM, LEGO®, Circus Camp, Chess, Theatre, Rock, and Sports camps.

To learn more about our summer camp visit our new camp site at www.jccmemphis.org/camp or get a copy of the camp brochure at the Member Services Desk.

We have so many new and returning programs for all ages. We hope you will try one of our many group fitness classes, awaken your cultural arts side with one of our art classes, or take up some lap swimming. And speaking of swimming, the family Waterpark and Outdoor Pool days are just around the corner! Who’s ready?

There really is something about this place!

B’Shalom,
Jenny Herman

Jenny Herman, Board Chair

MJCC Annual Meeting
A Year in Review
Sunday, June 7, at 11:00 am
Belz Social Hall • Reception to follow
MJCC Waiver Form
MJCC program participants who are under 17 must have a signed waiver by a parent/legal guardian – to be submitted before beginning any programs. Waivers are available at our Member Services Desk or online at jccmemphis.org/membership.

Facility Hours

UPCOMING HOLIDAY HOURS:

<table>
<thead>
<tr>
<th>Holiday</th>
<th>Date</th>
<th>Hours End</th>
</tr>
</thead>
<tbody>
<tr>
<td>Passover</td>
<td>Wed, Apr 8</td>
<td>Close at 5:45pm</td>
</tr>
<tr>
<td></td>
<td>Thu, Apr 9</td>
<td>Closed</td>
</tr>
<tr>
<td></td>
<td>Fri, Apr 10</td>
<td>Closed</td>
</tr>
<tr>
<td></td>
<td>Tue, Apr 14</td>
<td>Close at 5:45pm</td>
</tr>
<tr>
<td></td>
<td>Wed, Apr 15</td>
<td>Closed</td>
</tr>
<tr>
<td></td>
<td>Thu, Apr 16</td>
<td>Closed</td>
</tr>
<tr>
<td>Memorial Day</td>
<td>Mon, May 25</td>
<td>8am–5:45pm</td>
</tr>
<tr>
<td></td>
<td>Thu, May 28</td>
<td>Close at 5:45pm</td>
</tr>
<tr>
<td>Shavuot</td>
<td>Fri, May 29</td>
<td>Closed</td>
</tr>
<tr>
<td></td>
<td>Sat, May 30</td>
<td>Closed</td>
</tr>
</tbody>
</table>

HOURS OF OPERATION:

- Sunday 8:00am–5:45pm
- Monday–Thursday 5:30am–9:45pm
- Friday 5:30am–5:45pm
- Saturday 12:00pm–8:45pm *

*Saturday, March 14, 2020 through Saturday, November 7, 2020, the building will close at 6:45pm on Saturdays due to Daylight Saving Time.

Memphis Jewish Community Center
6560 Poplar Avenue • Memphis, TN 38138
(901) 761–0810

How to register for a class!

Questions? Give us a call at (901) 761-0810 and we’ll be glad to help!

Fri 3:15–4:15pm | 8/3–10/1 | $100 fee/$85m | 1743

Table of Contents

<table>
<thead>
<tr>
<th>Page</th>
<th>Section</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>Early Childhood Center</td>
</tr>
<tr>
<td>5</td>
<td>Summer Camp 2020</td>
</tr>
<tr>
<td>6–7</td>
<td>Summer Camp 2020 Calendar</td>
</tr>
<tr>
<td>9</td>
<td>Youth &amp; Family</td>
</tr>
<tr>
<td>10–11</td>
<td>Athletics</td>
</tr>
<tr>
<td>12–13</td>
<td>Fitness</td>
</tr>
<tr>
<td>14</td>
<td>Shainberg Art Gallery</td>
</tr>
<tr>
<td>15</td>
<td>Cultural Arts Classes</td>
</tr>
<tr>
<td>15</td>
<td>Jewish Literary &amp; Cultural Arts Series</td>
</tr>
<tr>
<td>16–17</td>
<td>Jewish Family Service</td>
</tr>
<tr>
<td>18</td>
<td>Israel Week 2020</td>
</tr>
<tr>
<td>19</td>
<td>Jewish Living &amp; Learning</td>
</tr>
<tr>
<td>21</td>
<td>Donor Spotlight</td>
</tr>
<tr>
<td>22–23</td>
<td>Adult Services</td>
</tr>
<tr>
<td>24–25</td>
<td>Aquatics</td>
</tr>
<tr>
<td>26</td>
<td>MJCC Staff Directory</td>
</tr>
<tr>
<td>27–28</td>
<td>MJCC &amp; JFS Tributes</td>
</tr>
</tbody>
</table>

in this issue
Bete’avon – Enjoy Your Meal!
Ms. Saucery will help your child learn his or her way around a garden and the kitchen. Through hands-on projects students will learn about how different foods grow, how to make easy dishes, and healthy eating in general.

Pre-K and JK • 3 by 8/15/19
Mon 2:15–2:45pm | 4/27–5/18 | $45 fee/$36m | 6474

Toddler Sports
Ms. Therese will introduce your child to basic soccer, basketball, football, and baseball skills as well as fun, interactive games during this stimulating class. In a group setting, your child will practice gross motor skills such as kicking, catching, and throwing as well as fine motor skills such as grasping and hand-eye coordination. Positive social skills are encouraged by teaching children to wait patiently and take turns.

Older Toddler and Transition • 2 by 8/15/19
MonWed 3:15–3:45pm | 4/6–29 | $68 fee/$54m | 6472
No class 4/13, 4/15.
MonWed 3:15–3:45pm | 5/4–20 | $68 fee/$54m | 6473

Science Magic
Ms. Latoya will encourage children to discover some of the mysteries and magic of Science. Enhancing curiosity by introducing children to five major areas of Science – Biology, Chemistry, Physics, the Earth and Sky, and the Human Body. Through hands on projects and experiments, children will enjoy a scientific quest with some interesting discoveries.

Pre-K and JK • 3 by 8/15/19
Tue 3:15–3:45pm | 4/28–5/19 | $45 fee/$36m | 6475
MJCC Summer Camp 2020

June 1–August 7
Ages 3–10th Grade
Open to All

LEARN MORE & ENROLL NOW!
Visit www.jccmemphis.org/camp

Start camp early with Pre-Camp Week!
Pack your lunch and grab your swimsuit for a few days of fun before camp starts! Start each day with camp activities and games and visit our amazing waterpark!

Tuesday, May 26
7:00am–6:00pm | $75 fee/$65m | Reg 6476

Wednesday, May 27
7:00am–6:00pm | $75 fee/$65m | Reg 6477

Thursday, May 28
7:00am–6:00pm | $75 fee/$65m | Reg 6478
<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>WEEK 1</strong></td>
<td>31 MEET THE COUNSELORS</td>
<td><strong>FIRST DAY OF CAMP!</strong></td>
<td>2</td>
</tr>
<tr>
<td><strong>WEEK 2</strong></td>
<td>7</td>
<td>8</td>
<td>FAVORITE CHARACTER DAY</td>
</tr>
<tr>
<td><strong>WEEK 3</strong></td>
<td>15</td>
<td>16</td>
<td>CRAZY HAIR &amp; SUNGLASSES DAY</td>
</tr>
<tr>
<td><strong>WEEK 4</strong></td>
<td>22</td>
<td>23</td>
<td>SUPERHERO DAY</td>
</tr>
<tr>
<td><strong>WEEK 5</strong></td>
<td>29</td>
<td>30</td>
<td>PATRIOTIC DAY</td>
</tr>
<tr>
<td><strong>WEEK 6</strong></td>
<td>6</td>
<td>7</td>
<td>SILLY SOCK &amp; HAT DAY</td>
</tr>
<tr>
<td><strong>WEEK 7</strong></td>
<td>13</td>
<td>14</td>
<td>FAVORITE COLOR DAY</td>
</tr>
<tr>
<td><strong>WEEK 8</strong></td>
<td>20</td>
<td>21</td>
<td>JUNGLE DAY</td>
</tr>
<tr>
<td><strong>WEEK 9</strong></td>
<td>27</td>
<td>28</td>
<td>TIE DYE DAY</td>
</tr>
<tr>
<td><strong>WEEK 10</strong></td>
<td>3</td>
<td>4</td>
<td>JERSEY DAY</td>
</tr>
</tbody>
</table>

See the Camp Brochure at [jccmemphis.org/camp](http://jccmemphis.org/camp)
<table>
<thead>
<tr>
<th>THU</th>
<th>FRI</th>
<th>SA</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PAAEL</td>
<td>OSHER</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CIRCUS CAMP</td>
<td>Parent Performance</td>
<td></td>
</tr>
<tr>
<td>OSHER</td>
<td>PAAEL</td>
<td>YOFI</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PAAEL</td>
<td>OSHER</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CIRCUS CAMP</td>
<td>Camp Performance</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PAAEL</td>
<td>OSHER</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>THEATRE CAMP</td>
<td>Parent Performance</td>
<td></td>
</tr>
<tr>
<td>PAAEL</td>
<td>PAAEL</td>
<td>YOFI</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>THEATRE CAMP</td>
<td>Camp Performance</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ART CAMP</td>
<td>Parent Art Show</td>
<td></td>
</tr>
<tr>
<td>OSHER</td>
<td>PAAEL</td>
<td>YOFI</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PAAEL</td>
<td>OSHER</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CAMP COOKOUT</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PAAEL</td>
<td>OSHER</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CAMP COOKOUT</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PAAEL</td>
<td>OSHER</td>
<td>YOFI</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>LAST DAY OF CAMP BASH!</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**MJCC Summer Camp 2020**

**LET’S GO WILD**

June 1–August 7

Ages 3–10th Grade

Open to All

---

**Visiting Activity**

**Field Trip**

**Late Night**

**Overnight**
Plan your Summer Pool Party at the J

2 HOUR POOL PARTY
(Reserved shaded space at the pool)

Birthday cake, candles, and ice cream
Juice and bottled water
20 of your child’s friends
Solid-color tableware,
a metallic Happy Birthday balloon
MJCC party host to help set up,
serve cake and drinks, and clean up

OTHER PARTY INFORMATION

Parties must be booked at least one month in advance. All parties require an advance deposit that will go toward the final cost of the party. Each package includes 20 guests (parents not included).

Balance and additional fees for extra guests are paid the day of the party. Pool parties are held on Sunday based on MJCC hours and availability.

Contact our party planner at birthday@jccmemphis.org or (901) 761–0810 to build your child’s perfect birthday!
J Club After-School Program

J Club is the perfect place for kids to unwind, have fun with friends, and get their homework done after school! Your child will have supervised homework time, free time in our game room, counselor-led activities, and a chance to run around and make new friends. A snack is served each day, and staff will escort your child to and from MJCC afterschool activities like dance, swim team or tennis.

Call (901) 761-0810 or register in person at the Member Services Desk in the lobby!

<table>
<thead>
<tr>
<th>Attendance</th>
<th>Yearly Fees</th>
<th>Class #</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 days/week</td>
<td>$2,026/$2,330</td>
<td>5897</td>
</tr>
<tr>
<td>4 days/week</td>
<td>$1,620/$1,863</td>
<td>5898</td>
</tr>
<tr>
<td>3 days/week</td>
<td>$1,215/$1,398</td>
<td>5899</td>
</tr>
<tr>
<td>2 days/week</td>
<td>$811/$932</td>
<td>5900</td>
</tr>
<tr>
<td>1 day/week</td>
<td>$405/$466</td>
<td>5901</td>
</tr>
<tr>
<td>5 w/transport*</td>
<td>$3,160/$3,634</td>
<td>5902</td>
</tr>
<tr>
<td>4 w/transport*</td>
<td>$2,529/$2,908</td>
<td>5903</td>
</tr>
<tr>
<td>3 w/transport*</td>
<td>$1,896/$2,181</td>
<td>5904</td>
</tr>
<tr>
<td>2 w/transport*</td>
<td>$1,260/$1,449</td>
<td>5905</td>
</tr>
<tr>
<td>1 w/transport*</td>
<td>$642/$738</td>
<td>5906</td>
</tr>
</tbody>
</table>

*Transport includes Riverdale and Bornblum Jewish Community School only.

Family Tie Dye Party

Join our camp staff as we get pumped for camp with a FREE tie dye party! You bring the white garment, and we will provide the rest!

Sun 1:00–3:00pm | 4/19

Piano Lessons with Daryl F Rojas

Daryl is available for private music lessons. Each lesson is $30 for 30 minutes packed full of age-appropriate instruction. For more information and to set up a time that works for you, please email music@jccmemphis.org.
Developmental Sports

Games Galore!
Ages 3–5 • Co-ed
Boys and girls will play Field Day style games such as 3-legged relay races, water balloon tosses, and limbo. They will learn how to have good sportsmanship in a friendly-competitive environment.
TueThu 3:30–4:00pm | 4/21–5/21 | $150 fee/$125m | 6504

Youth T-Ball
Ages 4–6 • Co-ed
Registration Deadline: May 1
Batter up! This program is a terrific introduction to baseball for the youngest of players. The youngest baseball players get lots of turns at bat, in the field, and at the mound. This program teaches skill development and fundamentals while having lots of fun. Everyone plays!
TueThu 5:30–6:30pm | 5/19–6/30 | $125 fee/$100m | 6505
No class 5/28.

Youth Baseball
Coach Pitch Baseball League
Ages 6–8 • Co-ed
Registration Deadline: April 19
Learn the fundamentals of baseball, including hitting, fielding, and base running. Coaches will pitch to kids to continue developing the proper fundamentals and confidence to hit.
MonWed 5:30–6:30pm | 5/4–7/1 | $125 fee/$100m | 6459
No class 5/25.

Youth Basketball
Hoops & Handles Basketball Clinic
Ages 8–13
Focus on core basketball fundamentals for all skill levels. Shooting form, dribbling, footwork, and scrimmages.
Wed 5:15–6:15pm | 4/22–5/27 | $120 fee/$90m | 6520

Next Level Basketball Skills and Development
Ages 10+
This basketball skills development clinic focuses on basic basketball fundamentals, techniques, strength and speed development. It is conducted by Rhynia Henry, certified personal trainer and basketball skills expert. Missed sessions during the month can NOT roll over to the next session. Not for beginners. Must have some basketball skills.
Sun 4:00–5:00pm • TueThu 4:30–5:30pm
4/5–30 | $220 fee/$250m | 6522
5/3–28 | $330 fee/$290m | 6523
6/2–28 | $330 fee/$290m | 6524
7/5–30 | $330 fee/$290m | 6525
8/2–27 | $330 fee/$290m | 6526
No class 4/9, 4/14, 4/16.

Youth Tennis
Mini Champs Tennis: Ages 4–6 • Co-ed
Introduce your child to the fundamentals of tennis.
MonWed 3:45–4:30pm | 4/20–5/20 | $200 fee/$150m | 6506

Super Servers: Ages 7–11 • Co-ed
Players will improve their strokes and learn about agility, footwork and point play strategy.
Sun 3:00–4:00pm • Wed 4:30–5:30pm
4/19–5/24 | $220 fee/$165m | 6507
5/31–6/28 | $180 fee/$135m | 6508

8U Red: Ages 6–8 • Co-ed
Players will learn the fundamentals of tennis. Activities will be focused around the ABCs of tennis, agility, balance, and coordination.
TueThu 4:30–5:30pm | 4/21–5/26 | $220 fee/$165m | 6509
TueThu 4:30–5:30pm | 6/2–30 | $180 fee/$135m | 6510

10U Orange: Ages 8–10 • Co-ed
For the serious junior player who wants to train hard and focus on fitness, strokes, strategy and competition this class if perfect!
TueThu 5:30–6:30pm | 4/21–5/26 | $220 fee/$165m | 6511
TueThu 5:30–6:30pm | 6/2–30 | $180 fee/$135m | 6512

Challenger Academy Tennis: Ages 9–12
Co-ed
Drills and supervised match-play with a focus on player development, competition, and fun!
Sun 4:00–5:00pm • Wed 5:30–6:30pm
4/19–5/24 | $220 fee/$165m | 6513
5/31–6/28 | $180 fee/$135m | 6514


**Junior Academy Tennis: Ages 11–17 • Co-ed**
Improve stroke mechanics, court movement, tennis IQ and strategy all in a fun, competitive environment with drills and point play.
Fri 4:00–5:00pm | 5/1–6/26 | $160 fee/$120m | 6515
No class 5/29.

**Tennis Before Camp Week 1: Ages 5–12 Co-ed**
Before camp begins at 9:00 AM. Get the day started with a tennis lesson with Coach Mark McCluskey! All day camp ages and levels welcome!
Mon–Fri 8:00–9:00am | 6/1–5 | $75 fee/$50m | 6527
Mon–Fri 8:00–9:00am | 6/8–12 | $75 fee/$50m | 6528
Mon–Fri 8:00–9:00am | 6/15–19 | $75 fee/$50m | 6529
Mon–Fri 8:00–9:00am | 6/22–26 | $75 fee/$50m | 6530
Mon–Fri 8:00–9:00am | 6/29–7/2 | $60 fee/$40m | 6531
Mon–Fri 8:00–9:00am | 7/6–10 | $75 fee/$50m | 6532
Mon–Fri 8:00–9:00am | 7/13–17 | $75 fee/$50m | 6533
Mon–Fri 8:00–9:00am | 7/20–7/24 | $75 fee/$50m | 6534
Mon–Fri 8:00–9:00am | 7/27–31 | $75 fee/$50m | 6535

---

**Adult Basketball**
The MJCC offers three of the best men’s adult basketball leagues within the Mid-South area. For members and non-members, young and old, all-stars and rookies.

**Men’s 18+ League**
Registration Deadline: May 17
Draft: Tue, 5/19 at 6:30pm
Thu 6:30pm–9:30pm | 5/21–8/6 | $125 fee/$100m | 6537
No class 5/28.

**Men’s 30+ League**
Registration Deadline: May 3
Draft: Tue, 5/5 at 6:30pm
Mon 6:30pm–9:30pm | 5/11–8/17 | $125 fee/$100m | 6536
No class 5/25.

**Corporate Basketball League: Ages 18+**
Registration Deadline: April 13
Build a team with your colleagues from work and come play basketball! Each member of the team has to be employed by the same business or corporation. Teams must provide their own jerseys with numbers. Must have a MJCC member registrant.
Tue 6:30–9:30pm | 4/28–7/14 | $600 per team | 6538

---

**Adult Softball**
Ages 18+ • Co-ed
Registration Deadline: April 19
Form your own team and take the field! Each team is guaranteed 8 games plus a single-elimination tournament. Each team must have a min of 11 players and max of 15 (including a min of 2 females). Team fee of $500 due regardless of how many team members. Jerseys not included.
Tue 6:30–9:30pm | 5/12–7/28 | $500 per team | 6539

Your first adult private tennis lesson is FREE! Call (901) 761-0810 for details!

**Adult Tennis**
Adult Beginner’s Tennis: Age 17+
Introductory class for players with little or no tennis experience. Emphasis on serve, backhand, and forehand ground strokes.
Wed 6:30–7:30pm | 4/22–6/24 | $200 fee/$150m | 6615
Mon 6:00–7:00pm | 4/27–6/29 | $180 fee/$135m | 6542
No class 5/25.

Intermediate Tennis Clinic: Age 17+
This class is for those who have some prior instruction and playing experience. The main emphasis is on serve and ground strokes with the volley and singles strategy being introduced.
Thu 6:30–7:30pm | 4/23–6/25 | $180 fee/$135m | 6543
No class 5/28.

Adult Cardio Tennis: Age 17+
Increase your fitness level with this engaging tennis class while also improving your forehand ground strokes, backhand, and volleys!
Sun 10:00–11:00am | 4/19–5/31 | $140 fee/$105m | 6515
Sun 10:00–11:00am | 6/7–7/26 | $160 fee/$120m | 6545

**Adult Soccer**
Adult Pick-Up Soccer: Age 18+
Come join us for a friendly pick-up soccer game! Monthly passes are available for $25 on the first Sunday and first Thursday of each month.
All Year Round!
Sun 9:00–11:00am • Thu 7:30–9:30pm
$6 fee/$0m
**Gymnastics**

**Toddler Tumblers: Ages 2 and 3**
Must be 2 by 4/15/20 & fully potty trained
We believe that developing and nurturing children’s love of movement and tumbling will start them on a lifelong path to fitness, health, and wellness.

**Tuesday classes now available!**
Tue 3:30–4:00pm | 3/3–4/28 | $75 fee/$60m | 6132
No class 3/10, 4/14, 4/21.
Tue 3:30–4:00pm | 5/5–19 | $45 fee/$30m | 6492
Thu 3:30–4:00pm | 3/5–4/30 | $85 fee/$70m | 6130
No class 4/9, 4/16.
Thu 3:30–4:00pm | 5/7–21 | $45 fee/$30m | 6494

**Tumble Jumpers I: Ages 3–5**
Introduction to gymnastics. Each session includes new games and skills, ensuring that class time is instructional, memorable, engaging, and fun!
Mon 3:15–3:45pm | 3/2–4/27 | $95 fee/$80m | 6134
No class 4/13.
Mon 3:15–3:45pm | 5/4–18 | $45 fee/$30m | 6496

**Tumble Jumpers II: Ages 3–5**
An advanced version of Tumble Jumpers. Introduces children to the basics of beam, floor work, and uneven bars. Includes new games and skills.
Mon 3:45–4:15pm | 3/2–4/27 | $95 fee/$80m | 6136
No class 4/13.
Mon 3:45–4:15pm | 5/4–18 | $45 fee/$30m | 6498

**MJCC Stars Gymnastics Level I: Ages 5–12**
Basic tumbling, flexibility, and the uneven bars.
Tue 5:30–6:30pm | 3/3–4/28 | $105 fee/$90m | 6138
No class 3/10, 4/14, 4/21.
Tue 5:30–6:30pm | 5/6–20 | $60 fee/$45m | 6491

**MJCC Stars Gymnastics Level II: Ages 5–12**
Kids improve on the skills and flexibility learned in Level 1, preparing them for even more fun, and, if they choose, entry into the competitive level.
Wed 5:30–6:30pm | 3/4–4/29 | $120 fee/$105m | 6140
No class 4/8, 4/15.
Wed 5:30–6:30pm | 5/6–20 | $60 fee/$45m | 6493

---

**Member Special Private Pilates!**

For the entire month of April, get **10% OFF** Private Training Sessions!

Want to try Pilates? Your first Pilates class is **FREE**!

For more information, contact Mandy Kelley at (901) 259-9212 or mkelley@jccmemphis.org
**Kids Yoga**
This class promotes flexibility, concentration, and confidence! Yoga encourages children to practice self-awareness and mindfulness in a fun environment.

**Ages 2 and 3**
Fri 3:30-4:00pm | 3/6-4/3 | $65 fee/$50m | 6616
Fri 3:30-4:00pm | 4/17-5/15 | $65 fee/$50m | 6617

**Taekwondo**
Taekwondo is a Korean style hand and foot technique. Kids will not only learn how to defend themselves but also about self confidence, respect, focus, and discipline.

**Ages 3–5**
Sun 10:30–11:00am | 3/1–4/26 | $95 fee/$80m | 6148
Sun 10:30–11:00am | 5/3–17 | $45 fee/$30m | 6497

**Ages 6–11**
Mon 5:15–6:15pm | 3/2–4/27 | $135 fee/$120m | 6150
Mon 5:15–6:15pm | 5/4–18 | $60 fee/$45m | 6500

**Kids Dance**
Kids Dance is a great way to exercise, build strength, stamina, and self-esteem. All of this can be achieved while having fun and learning to dance. Get in the groove with great moves!

**Ages 7–11**
TueThu 4:30–5:15pm | 3/2–4/29 | $60 fee/$0m | 6158
TueThu 4:30–5:15pm | 5/4–6/29 | $60 fee/$0m | 6501
No class 5/25, 5/28.

**Boxing for Boomers**
Looking to intensify your cardio? This class will cover, agility, hand/eye coordination, balance, and core work! Join us for this non-contact boxing class. Not required but it is recommended to have your own gloves after the first few sessions.

**Ages 45+**
TueThu 2:00–2:45pm | 3/3–4/30 | $60 fee/$30m | 6156
TueThu 2:00–2:45pm | 5/5–26 | $60 fee/$30m | 6502
TueThu 2:00–2:45pm | 6/2–30 | $60 fee/$30m | 6503

**RockSteady Boxing**
Boxers condition for optimal agility, speed, muscular endurance, accuracy, balance, hand-eye coordination, footwork, and overall strength to defend against and overcome opponents. At Rock Steady, the opponent is Parkinson’s disease. Parkinson’s causes a loss in many of the same elements that boxers condition to improve. Published medical research has shown that forced, intense exercise can reduce, reverse and delay Parkinson’s symptoms. Together, let’s beat Parkinson’s!

**Ages 40+**
Mon 1:00–2:00pm • WedFri 2:00–3:00pm
3/2–4/29 | $60 fee/$0m | 6158
5/4–6/29 | $60 fee/$0m | 6501
No class 5/25, 5/28.
TN Craft Southwest Collaborations
Opening Reception: Sunday, April 5, 1–3pm
In the gallery April 3–30

Tennessee Craft- Southwest (formerly known as MACA, Memphis Association of Craft Artists) is a chapter of Tennessee Craft, a statewide organization to promote fine craft and support craft artists in Tennessee. Participating artists collaborate with a fellow artist who works in a different media and together they submit a piece for the show. In addition to the collaborative piece, each artist may submit work of their own.

"A Window Into Mass Incarceration" Exhibit
In the gallery May 3–31

Gallery show featuring the works of artists connected with P.A.T.H. (Prison Arts Touching Hearts). P.A.T.H. is designed to provide a platform for a much needed validation to incarcerated artists- those in the shadows and largely hidden to the public eye, while providing them with a vehicle to give back to the community in a meaningful and powerful way- through their art!

"Prison Arts Touching Hearts (P.A.T.H.) is a fiscally sponsored project of MarinLink, a California nonprofit corporation exempt from federal tax under section 501 (c ) (3 ) of the Internal Revenue Service #20-0879422".

PASSPORT TO DISCOVERY
Is the Film Festival right up your alley? Do you enjoy our Literary and Cultural Arts speakers and events? Become a Passport To Discovery Patron! As a Patron, you gain premier access to all of our cultural arts programs, speakers, performances, art exhibits, and lectures throughout the year.

For more information, please contact Marcy Stagner at at mstagner@jccmemphis.org or (901) 259-9230.
Mindful Meditation Circle
Thursdays • 7:30–8:30pm • Free
Silent meditation quiets the mind, relaxes the body, and helps develop mindfulness. Many find that meditation eases the pressures and stress of daily life. Individuals with varying levels of experience and from diverse meditation practices are welcome. Interested? Call Nancy Shapiro at (901) 484-1982.

Ballroom Dance
with Arman Sahakyan: Ages 18+
Thursdays • 7:00–8:00pm
$12 fee/$10m Drop-in fee
Classes start March 5! Arman Sahakyan is an award-winning, dancer, choreographer and teacher. Originally from Armenia, he began his dance training at the age of six in both ballet and ballroom. He continued his training in Moscow, eventually becoming a professional competitive dancer and dance coach and choreographer. Having competed in over 150 dance competitions, Arman has become a Champion in his own right. Since moving to Memphis, Tennessee ten years ago, he has continued his professional dancing and teaching, starting his own dance studio, Dancing With Arman. In addition to teaching and competing, he has found time to share his knowledge and love of dance with others. He has choreographed and directed performances and shows in and around Memphis. He has performed in and consulted creatively with the most recent MidSouth International Festival. No partner required.

Keynote Speaker: David R. Dow with his book, “Confessions of An Innocent Man”
Thursday, May 7 • 7:00 pm
$7 Non-member/ $5 Member
David R. Dow is no stranger to the criminal justice system. As the founder and director of the Texas Innocence Network, which works to exonerate inmates who did not commit the crimes for which they were wrongfully convicted, Dow and his team have represented well over 100 death row inmates during their state of federal appeals. In his heart-wrenching, chilling, psychological fiction debut, "Confessions Of An Innocent Man," Dow questions societal acceptance of responsibility and justice.

For more information about these and other events, go to www.jccmemphis.org/literary
Shalom Shuttle
Our experienced driver provides transportation to members of our Jewish community who are at least 60 years old as well as those adults of any age with special needs. Transportation is provided with door to door assistance for just $4 one-way to locations within Shelby County. Please note we are unable to accommodate those individuals in wheel chairs. Pre-registration and reservations are required, and can be made by contacting FJFS at (901) 767-8511.

Special Needs Program
FJFS Special Needs program offers a variety of services to those living with developmental and acquired disabilities and their caregivers. FJFS has a long-standing social group that is designed to enhance independence and quality of life through activities including: agility and strength training with Cindy, painting classes with Chany, Everyday Super Heroes-torah study with the Rabbi, Pickleball, yoga class with Colleen, cooking with Chef Blake, movies, bowling, professional sporting events, acting class, community service activities, fine arts events, as well as advocacy support to those with legal or social difficulties. In addition, FJFS is also reaching out to teens and tweens who would like to form a social group of their own. For more information about our programs, contact Bill Monroe at (901) 767-8511 or bmonroe@jccmemphis.org.

Cake, Coffee, and Conversation
A program for Holocaust survivors, followed by a time to socialize. Meetings are on the first Tuesday of each month from 10:30–11:30am. This program assists Holocaust survivors with completion of Claims Conference and Blue Card applications. For more information or to make an appointment, contact Rashki Osina at (901) 767-8511 or rosina@jccmemphis.org.

Counseling
The counseling program at FJFS provides individual, couples, and family therapy for adults and adolescents. Counseling is provided on a sliding-fee scale based on the client’s ability to pay. For more information or to schedule an appointment, contact FJFS at (901) 767-8511.

Volunteering
FJFS volunteers have several opportunities to work with home bound Jewish seniors: Volunteer Driver for medical appointments/shopping, Kosher Meals delivery, Friendly Visitor, Stay in Touch telephone assurance, and Handy Helper for home chores. We also need volunteers to serve as Drivers with our Special Needs activities, engage seniors in our monthly Shabbat Shalom programs, work on various special projects, and to work with other MJCC programs and services. Interested? Contact FJFS at (901) 767-8511 or amay@jccmemphis.org.

Kosher Frozen Meal Program
FJFS offers food to seniors and persons with disabilities through the Kosher Frozen Meal Program. This is a collaborative effort between Memphis Jewish Federation and FJFS. Through this program, recipients receive five frozen meals each week. For more information, contact Teresa Hughes at (901) 767-8511 or thughes@jccmemphis.org.

Kosher Pantry at FJFS
In response to the Memphis Jewish Community, FJFS opened a kosher pantry January 2016. FJFS provides shelf-stable food to supplement the frozen meal program and serves those who are food insecure but ineligible for the frozen meals.
Donated items needed in the pantry include: kosher food such as canned tuna in water, vegetables, pasta sauce, soup, canned fruit, peanut butter, and paper products. For more information or to make a donation, contact FJFS at (901) 767-8511.

Case Management and Care for Seniors
FJFS at the MJCC enhances the lives of seniors and helps older adults maintain the highest level of independence by providing case management and comprehensive support to them and their loved ones. For more information, contact Teresa Hughes at (901) 767-8511 or thughes@jccmemphis.org.
Classes and Workshops

Parenting through Divorce
A state mandated co-parenting class for couples going through divorce and have minor children. Reservations are required. Cost is $50 in advance and $55 day of program. No husband and wife may attend this class on the same date. For more information about this class, contact FJFS at (901) 767-8511.

Wed 5:00–9:00pm | 4/1 | 6479
Wed 5:00–9:00pm | 4/29 | 6480
Wed 5:00–9:00pm | 5/13 | 6481
Wed 5:00–9:00pm | 5/20 | 6482
Wed 5:00–9:00pm | 6/10 | 6483
Wed 5:00–9:00pm | 6/24 | 6484

Elder Scams and Flim Flams
Nancy Crawford, B.A. is the Memphis Better Business Bureau Community Outreach Director. She will talk with us about the many scams that individuals are running that are specifically targeted at our most vulnerable population. She will also talk to us how to guard against these scams. Approved for 3 CEUs by NASWTN2020-0030.
$15 advance pay and $20 day of program
Thu 8:30am–12:00pm | 5/14 | 6485

Support Groups
A time to come together to share experience, strength, hope, and to provide comfort and encouragement. There is no charge for the support groups. For more information on our support groups or programming, please contact FJFS at (901) 767–8511 or visit jccmemphis.org/FJFS.

<table>
<thead>
<tr>
<th>Ongoing Support Groups</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DAYTIME GROUPS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Embracing Change Support Group</td>
<td>3rd Tuesdays</td>
<td>10:30–11:30am</td>
</tr>
<tr>
<td>Focuses on issues related to loss and life challenges. This gathering is in partnership with Crossroads Hospice.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>EVENING GROUPS</strong></td>
<td>1st Tuesdays</td>
<td>7:00–8:00pm</td>
</tr>
<tr>
<td>Crohn’s Disease and Colitis Support Group</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Focuses on issues related to living with Crohn’s Disease and Colitis.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yad l’Yad</td>
<td>3rd Tuesdays</td>
<td>7:00–8:00pm</td>
</tr>
<tr>
<td>Benefits those caring for someone with any stage of dementia.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Teen Council Israel Celebration for Teens (9th–12th Grade)  
Wednesday, April 22 • 5:45pm

Shanti BaMidbar Festival: Ages 21–39  
Join us for Israeli ethnic music, meditation and yoga sessions, crafts, snacks, drinks, and more in a dessert themed atmosphere.  
Sun 1:00–3:30pm | 4/26 | Free | at Hi Tone

Siren of Silence In Remembrance of Israel's Fallen Soldiers  
Monday, April 27 • 8:00pm  
Tuesday, April 28 • 11:00am

Yom HaZikaron (Israel's Memorial Day) Film Night  
Come watch the film "When The Smoke Clears" in the spirit of the Israeli Defense Force's fallen soldiers memorial day.  
Mon 6:00–7:30pm | 4/27 | Free

Tekes Yom HaZikaron B'Ivrit  
(Ceremony in Hebrew with English subtitles)  
This ceremony honors the memory of the IDF fallen soldiers and victims of terror in Israel.  
Mon 7:30–8:00pm | 4/27 | Free

Community-Wide 72nd Yom Ha'atzmaut Celebration • Wednesday, April 29  
"From South to South"

5:30PM • Torch Lighting Ceremony  
6:00PM • Celebration  
Children's performances  
Bounce house, face painting, camel rides, train rides, & more  
Bring your own picnic dinner or buy Kosher BBQ from Holy Cow  
Free Israeli snacks & candy

Krav Maga Group Class  
Come learn Israeli self-defense from the instructors at Endurance Krav Maga! RSVP to reserve your spot.  
Sun 12:00–1:00pm | 4/26 | Free | 6645

Israeli Dance Class  
Our weekly class invites you to join them in expressing celebration through dance. All are welcome! Check website for details.

Made possible by a grant from the Lemsky Endowment Fund of Memphis Jewish Federation.
J-Ed Classes
Challenges of Building a Jewish Family
Together, with JScreen we will explore various challenges to building a Jewish family such as infertility, adoption, and miscarriages. There will be resources along with experts in these subjects.
Sun 10:30am–12:00pm | 3/22 | $18 fee/$0m | 6546

Jewish on College Campus
Come hear our local Hillel Director and learn what to look for as a Jew on a college campus.
Wed 5:30–7:00pm | 3/25 | $18 fee/$0m | 6547

Talmud 101
Dive into the sea of the Talmud! No background? No Problem! No knowledge of Talmud, Jewish law or Hebrew needed!
Wed 8:00–9:00pm | 5/6–6/10 | Free | 6548

Jewish Meditation
(Based on the teachings of Beit Abulafia)
This Jewish Meditation class will include both clear instruction and practice. Participants will learn Jewish silent meditation, Hebrew chanting, and music interaction based on Kabbalistic texts. The session is led by Michael Burnham and Jason Caplan.
Sun 11:00am–12:00pm | 3/22 | $7 fee/$5m | 6614
Sun 11:00am–12:00pm | 4/19 | $7 fee/$5m | 6549
Sun 11:00am–12:00pm | 5/24 | $7 fee/$5m | 6627
Sun 11:00am–12:00pm | 6/21 | $7 fee/$5m | 6596

Holiday Programs
Making Makot (10 Plagues)
Drop by the MJCC lobby to make a mini Makot (10 plagues) kit to use during the Seder(s).
Tue 4:30–5:30pm | 3/31 | Free

Afikomon Hunt at the J
Drop by the MJCC to find the missing Afikomon (Matza) hidden somewhere in the building!
MonTue All Day | 4/13–14 | Free

Shavuot
Get ready for a cheesy event in the MJCC lobby where we will decorate some cheesecake and learn about the holiday of Shavuot!
Thu 4:30–5:30pm | 5/21 | Free

Fun for Families
Snack and Story with PJ Library of Memphis
Monthly Thursdays, from 4:30–5:30pm
Children with their parents and/or grandparents are invited for a monthly story hour and kid friendly snack with PJ Library of Memphis and the MJCC’s Center for Jewish Living and Learning. All events are free!
UPCOMING DATES: 3/12, 4/2, 5/7

Join our Community Shlichah, Meitav, for community discussions around current social issues that are both in Israel and our society.
We invite you to listen to professional speakers, learn, ask and have a meaningful conversation.
Limited spots available. Free and open to all.

UPCOMING EVENTS & TOPICS:
Thursday, March 19
"The Holocaust"
Thursday, June 4
"LGBTQ Rights"
To RSVP/register, go to www.jccmemphis.org/mifgashim or email mmenachem@jccmemphis.org.
Join a community day of doing good.
Sunday, March 15, 2020
Find a volunteer opportunity at jccmemphis.org/gooddeedsday

NEW CLASS!

Coach Pitch Baseball League
Ages 6–8
Learn the fundamentals of baseball while improving your personal growth!

Learn more and sign up at jccmemphis.org/youthbaseball
WE WOULD LIKE TO TAKE A MOMENT TO THANK OUR AMAZING DONORS THAT MAKE OUR PROGRAMS AND BEAUTIFUL FACILITIES POSSIBLE.

THE DEANNA AND IRVIN SERENCO INFANT CARE CENTER

Deanna and Irvin Serenco have dedicated themselves to our Jewish community, supporting our JCC for many years. Not only has Irvin served as JCC Board President, the Serencos are Members in Perpetuity. Their generosity allowed us to create our beautiful infant center wing, The Deanna and Irvin Serenco Infant Care Center, offering child care to babies starting as young as six weeks old.

The couple is often seen working out and attending many of our events, always with a friendly word and a smile. We are grateful for their commitment to our Jewish Community Center, serving as a true example for future generations.

THANKS TO OUR COLLABORATING PARTNERS FOR THEIR SUPPORT.
MIFA Scheidt–Hohenberg Hot Meal Program  
Provided by the Memphis Jewish Federation  
Lunch at 11:30am, Mon–Fri | Programs at 12:30pm | Speakers & field trips at 12:30pm

For meal reservations, visit the Member Services Desk or call (901) 761-0810 by the preceding morning before noon. On Mondays, reservations must be made BEFORE 12:00 pm on preceding Friday. No names will be added after 12:00 pm. Minimum age to eat is 60. Round-trip bus fare to and from the MJCC is $2 – available Tue–Thu. For more information, please contact Steve Kaplan at (901) 259-9220 or stevekaplan@jccmemphis.org.

**Tuesdays**

4/7 ... Speaker: Steve Kaplan  
Topic: Making Charoseth for Passover

4/14 ... Field trip to Belz Museum of Asian and Judaic Art

4/21 ... Speaker: Rabbi Binyamin Lehrfield  
Topic: Yom Hashoah in Israel

4/28 ... Field trip to the Orpheum  
$15 (includes Tour/Transportation)

5/5 ... Field trip to Senior Expo at the Agricenter  
$2 Roundtrip

5/12 ... Speaker: Rabbi Jonah Keyak  
Topic: Lag Ba’omer

5/19 ... Speaker: Ginny Oceguera with SRVS  
Topic: Ways to Prevent Falls

5/26 ... Speaker: Rabbi Jonah Keyak  
Topic: Shavuot

6/2 ... Field trip to Dinstuhs Fine Candy Company  
Departs MJCC at 10am, $7 fee (includes roundtrip)

6/9 ... Speaker: Ginny Oceguera with SRVS  
Topic: What Does Self-direction Mean

6/16 Field trip to Lichtermans Nature Center

6/23 Field trip to Memfish followed by Baskin-Robbins! Free ice cream/yogurt

6/30 Video presentation: “I Love Lucy Funniest Moments and Bloopers”

**Thursdays**

4/2 ... Speaker: James Ellis with Wellcare  
Topic: Boost Mental Health and Well Being

4/9 ... Closed for Passover

4/16 ... Closed for Passover

4/23 ... Speaker: Rabbi Akiva Males  
Topic: Yom Hazikaron & Yom Ha’atzma’ut

4/30 ... Speaker: Eileen Smouha  
Topic: Thriving and Ageing

5/7 ... Video presentation w/ Jimmy Ogle on "Memphis Music History"

5/14 ... Field trip to Memphis Park

5/21 ... Field trip to Memphis Metal Museum

5/28 ... Field trip to Shelby Farms w/ guided tour

6/4 ... Field trip to Trader Joe’s

6/11 ... Super BINGO

6/18 ... Video presentation w/ Jimmy Ogle on "Before There Was Memphis"

6/25 ... Movie TBD. Departs MJCC at 12:15pm  
$11 fee (includes movie + roundtrip)

**Sunday Fun Day**

Meet us there or grab a ride for $2. Limited to 14 Seats. Questions? Call Steve Kaplan at (901) 259–9220.

4/5 ... Field trip to Tennessee Safari park in Alamo, TN. $20 (incudes entry fee + roundtrip)

5/17 ... Field trip to Germantown Community Theatre to see "Motherhood The Musical"  
$17 (includes tickets + roundtrip)

6/28 ... Field trip to Playhouse on the Square to see “Something Rotten”  
$20 (includes tickets + roundtrip)
MJCC Larisa and Ben Baer Senior Adult Club

Monthly Luncheons
12:00pm in the Belz Social Hall
$5 per lunch reservation – required by Monday before the luncheon date. To make reservations, or cancel, call the MJCC at (901) 761-0810. Musical entertainment provided by Creative Aging.

Wed, Apr 22
Diana Stein
keyboard & vocals
Sponsored by Town Village

Wed, May 27
Kenneth Jackson
vocalist, horns, piano
Sponsored by Vista Points

Beginning Bridge Lessons with Debbie Jackson
Learn to play the world’s greatest game! These lessons are designed for players with little or no previous knowledge of bridge. Learn the basics, and start playing in no time!
Mon 1:00–3:00pm | 5/11–6/22 | $80 fee/$72m | 6487

Mah Jongg for Beginners with Melanie Mann
Want to learn to play Mah Jongg? Come join other beginners and learn this popular game. Mah Jongg card included in class fee.
Mon 6:30–8:30pm | 4/13–5/18 | $80 fee/$72m | 6488

Beginning Canasta Lessons with Gerri Provus
Learn to play this great strategy game in a fun and social atmosphere!
Fri 12:30–2:30pm | 4/17–5/22 | $80 fee/$72m | 6489

Beginning Spanish Lessons with Barbara Mansberg
Learn conversational Spanish with 35-year veteran Spanish Teacher Barbara Mansberg.
MonWed 2:30–3:30pm | 4/20–6/8 | $80 fee/$72m | 6490

Hadassah Book Club
Join us and read novels selected by club members. Group meets the second Tuesday of each month.
Tue 1:30–3:00pm | 9/1–8/31 | $12 fee/$8m | 5871

Tue, Apr 14
"The Dutch House"
by Ann Patchett

Tue, May 12
"Three Weeks With My Brother"
by Nicholas Sparks

Tue, Jun 9
"Sister of Mine"
by Sabra Waldfogel

Universal Language Room
The MJCC Larisa and Ben Baer Senior Adult Club, in partnership with Jason Caplan of the Universal Language Room, is starting another new session.
Seniors will enjoy the music interaction within their group of friends, as if they were on stage in a music performance. These two sessions are free of charge due to the generosity of a Memphis Jewish Federation Federation Impact Grant.
Wed 12:30–1:30pm | 5/6 | FREE
Wed 12:30–1:30pm | 5/20 | FREE
MJCC Swim School: Beginner
Level I Starfish/Level II Clownfish: Ages 3+
Swimmers learn to float and swim on their own. Must be completely potty trained.

April–May
MW 2:15–2:45 | 4/27–5/13 | $96 fee/$72 | 6550
MW 4:00–4:30 | 4/27–5/13 | $96 fee/$72 | 6551
MW 4:45–5:15 | 4/27–5/13 | $96 fee/$72 | 6552
TT 2:15–2:45 | 4/28–5/14 | $96 fee/$72 | 6553
TT 3:15–3:45 | 4/28–5/14 | $96 fee/$72 | 6554
TT 5:30–6:00 | 4/28–5/14 | $96 fee/$72 | 6555

MJCC Swim School: Intermediate
Level III Grouper: Ages 4+
Swim farther, learn dives and other strokes. Must be completely potty trained.

April–May
MW 2:15–2:45 | 4/27–5/13 | $96 fee/$72 | 6556
MW 5:30–6:00 | 4/27–5/13 | $96 fee/$72 | 6558
TT 2:15–2:45 | 4/28–5/14 | $96 fee/$72 | 6559
TT 4:00–4:30 | 4/28–5/14 | $96 fee/$72 | 6560
TT 4:45–5:15 | 4/28–5/14 | $96 fee/$72 | 6561

June–July: Beginner/Intermediate/Advance
MTWT 3:00–3:30 | 6/1–6/11 | $128 fee/$96 | 6576
MTWT 3:40–4:10 | 6/1–6/11 | $128 fee/$96 | 6577
MTWT 4:20–4:50 | 6/1–6/11 | $128 fee/$96 | 6578
MTWT 5:00–5:30 | 6/1–6/11 | $128 fee/$96 | 6579
MTWT 5:40–6:10 | 6/1–6/11 | $128 fee/$96 | 6580
MTWT 3:00–3:30 | 6/15–6/25 | $128 fee/$96 | 6581
MTWT 3:40–4:10 | 6/15–6/25 | $128 fee/$96 | 6582
MTWT 5:00–5:30 | 6/15–6/25 | $128 fee/$96 | 6584
MTWT 5:40–6:10 | 6/15–6/25 | $128 fee/$96 | 6585
MTWT 3:00–3:30 | 6/29–7/9 | $128 fee/$96 | 6586
MTWT 3:40–4:10 | 6/29–7/9 | $128 fee/$96 | 6587
MTWT 4:20–4:50 | 6/29–7/9 | $128 fee/$96 | 6588
MTWT 5:00–5:30 | 6/29–7/9 | $128 fee/$96 | 6589
MTWT 5:40–6:10 | 6/29–7/9 | $128 fee/$96 | 6590
MTWT 3:00–3:30 | 7/13–7/23 | $128 fee/$96 | 6591
MTWT 3:40–4:10 | 7/13–7/23 | $128 fee/$96 | 6592
MTWT 4:20–4:50 | 7/13–7/23 | $128 fee/$96 | 6593
MTWT 5:00–5:30 | 7/13–7/23 | $128 fee/$96 | 6594
MTWT 5:40–6:10 | 7/13–7/23 | $128 fee/$96 | 6595

MJCC Swim School: Advanced
Level IV Sting Ray/Level V Shark: Ages 4+
Swim farther, learn racing dives and competitive strokes in preparation for joining the swim team.


Triathlete/Masters Swim Training
Ages 15+
MWF 5:45–6:45am | 5/1–27 | $30 fee/$16m | 6566
MWF 5:30–6:30am | 6/1–29 | $30 fee/$16m | 6567
MWF 5:30–6:30am | 7/2–31 | $30 fee/$16m | 6568

Blue Dolphin Swim Team (Co–Ed)
Swim meets throughout the year allow participants to use their improved strokes with racing dives and flip turns in a fun non–threatening competitive environment.
Non–Member: $375 / $330 siblings
Member: $310 / $250 siblings

Blue Dolphin I: Ages 4–8
Mon–Thu 4:00–4:45pm | 5/4–8/16 | 6574 (Bronze)

Blue Dolphin II & III: Ages 9–16
Mon–Thu 5:15–6:15pm | 5/4–8/16 | 6575 (Silver)
Mon–Thu 4:45–5:45pm | 5/4–8/16 | 6575 (Gold)

Fun Sundays • 4:30–5:30pm (All Groups)
*Starting June 1st, all Blue Dolphin groups will start and end 30 minutes earlier.

Water babies
Ages 6–36 months
A parent-and-me class that introduces babies to the water and teaches parents how to interact with their children at the pool.
Sun 2:00–2:30pm | 5/3–31 | $60 fee/$48m | 6569
Sun 10:30–11:00pm | 6/7–28 | $60 fee/$48m | 6570
Sun 11:00–11:30pm | 6/7–28 | $60 fee/$48m | 6571
Sun 10:30–11:00pm | 7/5–26 | $60 fee/$48m | 6572
Sun 11:00–11:30pm | 7/5–26 | $60 fee/$48m | 6573
*No class 5/24.

Private Swim Lessons
Private (1 Participant)
Package of 4 Half–hour Lessons: $140 fee/$120m

Private (2 Participants)
Package of 4 Half–hour Lessons: $210 fee/$180m

Private (3 Participants)
Package of 4 Half–hour Lessons: $270 fee/$210m
Arthritis Aquatics Exercise
This class is designed by The Arthritis Foundation to work on the flexibility and range of motion of the joints in a warm environment.

Ages 30+
MWF 8:30-9:20am | 5/1–27 | $30 fee/$17m | 6563
MWF 8:30-9:20am | 6/1–29 | $30 fee/$17m | 6564
MWF 8:30-9:20am | 7/2–31 | $30 fee/$17m | 6565

Aqua Fit
Instructor uses both shallow and deep water exercises but with more emphasis on the deep. Summertime hours TBD. Please check our website for updates.
<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Phone Number</th>
<th>Email Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adina Karasik</td>
<td>Early Childhood Assistant Director</td>
<td>(901) 259-9209</td>
<td><a href="mailto:akarasik@jccmemphis.org">akarasik@jccmemphis.org</a></td>
</tr>
<tr>
<td>Anna Lockwood</td>
<td>Accounting Specialist</td>
<td>(901) 259-9204</td>
<td><a href="mailto:alockwood@jccmemphis.org">alockwood@jccmemphis.org</a></td>
</tr>
<tr>
<td>Ashley Jamieson</td>
<td>Marketing and Communications Director</td>
<td>(901) 259-9226</td>
<td><a href="mailto:ajamieson@jccmemphis.org">ajamieson@jccmemphis.org</a></td>
</tr>
<tr>
<td>Audrey J. May</td>
<td>FJFS Intake, Referral, and Volunteer Coordinator</td>
<td>(901) 761-0810</td>
<td><a href="mailto:amay@jccmemphis.org">amay@jccmemphis.org</a></td>
</tr>
<tr>
<td>Bill Monroe</td>
<td>FJFS Special Needs Coordinator</td>
<td>(901) 767-8511</td>
<td><a href="mailto:bmonroe@jccmemphis.org">bmonroe@jccmemphis.org</a></td>
</tr>
<tr>
<td>Dale Steele</td>
<td>FJFS Driver</td>
<td>(901) 259-9232</td>
<td><a href="mailto:dsteele@jccmemphis.org">dsteele@jccmemphis.org</a></td>
</tr>
<tr>
<td>Danny Fadgen</td>
<td>Aquatics Director</td>
<td>(901) 259-9208</td>
<td><a href="mailto:dfadgen@jccmemphis.org">dfadgen@jccmemphis.org</a></td>
</tr>
<tr>
<td>Diane Noel</td>
<td>Member Services Representative</td>
<td>(901) 761-0810</td>
<td><a href="mailto:dnoel@jccmemphis.org">dnoel@jccmemphis.org</a></td>
</tr>
<tr>
<td>Eddie Williams</td>
<td>Maintenance</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emma Gowan</td>
<td>Executive Assistant</td>
<td>(901) 259-9224</td>
<td><a href="mailto:egowan@jccmemphis.org">egowan@jccmemphis.org</a></td>
</tr>
<tr>
<td>Jaynie Cohen Judaken</td>
<td>Member Services Coordinator</td>
<td>(901) 259-9225</td>
<td><a href="mailto:jjjudaken@jccmemphis.org">jjjudaken@jccmemphis.org</a></td>
</tr>
<tr>
<td>Jeremy Weiser</td>
<td>Chief Operating Officer</td>
<td>(901) 259-9235</td>
<td><a href="mailto:jweiser@jccmemphis.org">jweiser@jccmemphis.org</a></td>
</tr>
<tr>
<td>Jill Steele</td>
<td>CFO and Senior Vice President for Finance and Human Resources</td>
<td>(901) 259-9233</td>
<td><a href="mailto:jsteele@jccmemphis.org">jsteele@jccmemphis.org</a></td>
</tr>
<tr>
<td>Jonathan Gowan</td>
<td>Camp and Youth Assistant Director</td>
<td>(901) 259-9237</td>
<td><a href="mailto:jgowan@jccmemphis.org">jgowan@jccmemphis.org</a></td>
</tr>
<tr>
<td>Joshalyn Thomas</td>
<td>Member Services Representative</td>
<td>(901) 761-0810</td>
<td><a href="mailto:jthomas@jccmemphis.org">jthomas@jccmemphis.org</a></td>
</tr>
<tr>
<td>Judy Frisch</td>
<td>ECC Administrative Assistant</td>
<td>(901) 259-9207</td>
<td><a href="mailto:jfrisch@jccmemphis.org">jfrisch@jccmemphis.org</a></td>
</tr>
<tr>
<td>Judy Goldberg</td>
<td>Development Director</td>
<td>(901) 259-9243</td>
<td><a href="mailto:jgoldberg@jccmemphis.org">jgoldberg@jccmemphis.org</a></td>
</tr>
<tr>
<td>Juliana Harkavy</td>
<td>Sports and League Director</td>
<td>(901) 259-9215</td>
<td><a href="mailto:jharkavy@jccmemphis.org">jharkavy@jccmemphis.org</a></td>
</tr>
<tr>
<td>Karen Bertrand</td>
<td>Senior Accounting Specialist</td>
<td>(901) 259-9202</td>
<td><a href="mailto:kbertrand@jccmemphis.org">kbertrand@jccmemphis.org</a></td>
</tr>
<tr>
<td>Kimberly Napier</td>
<td>Communications Manager/Graphic Designer</td>
<td>(901) 259-9221</td>
<td><a href="mailto:knapier@jccmemphis.org">knapier@jccmemphis.org</a></td>
</tr>
<tr>
<td>Larry Skolnick</td>
<td>President and CEO</td>
<td>(901) 259-9228</td>
<td><a href="mailto:lskolnick@jccmemphis.org">lskolnick@jccmemphis.org</a></td>
</tr>
<tr>
<td>LaWanda Johnson</td>
<td>Program Assistant</td>
<td>(901) 259-9203</td>
<td><a href="mailto:ljohnson@jccmemphis.org">ljohnson@jccmemphis.org</a></td>
</tr>
<tr>
<td>Lindsey Chase</td>
<td>Assistant Director of the MJCC &amp; Director of ECC</td>
<td>(901) 259-9205</td>
<td><a href="mailto:lchase@jccmemphis.org">lchase@jccmemphis.org</a></td>
</tr>
<tr>
<td>Mandy Kelley</td>
<td>Fitness Center Director</td>
<td>(901) 259-9212</td>
<td><a href="mailto:mkelly@jccmemphis.org">mkelly@jccmemphis.org</a></td>
</tr>
<tr>
<td>Marcy Stagner</td>
<td>Program Director of Cultural Arts and Adult Services</td>
<td>(901) 259-9230</td>
<td><a href="mailto:mstagner@jccmemphis.org">mstagner@jccmemphis.org</a></td>
</tr>
<tr>
<td>Mary Elizabeth Jones</td>
<td>FJFS Social Services Director</td>
<td>(901) 767-8511</td>
<td><a href="mailto:mjoness@jccmemphis.org">mjoness@jccmemphis.org</a></td>
</tr>
<tr>
<td>Max Tanner</td>
<td>Assistant Sports and League Director</td>
<td>(901) 259-9247</td>
<td><a href="mailto:mtanner@jccmemphis.org">mtanner@jccmemphis.org</a></td>
</tr>
<tr>
<td>Meital Menachem</td>
<td>Community Shlich, CJLL</td>
<td>(901) 259-9245</td>
<td><a href="mailto:mmenachem@jccmemphis.org">mmenachem@jccmemphis.org</a></td>
</tr>
<tr>
<td>Michael McGee</td>
<td>Membership Director</td>
<td>(901) 259-9214</td>
<td><a href="mailto:mmcgee@jccmemphis.org">mmcgee@jccmemphis.org</a></td>
</tr>
<tr>
<td>Miriam Cauley-Crisp</td>
<td>FJFS Administrative Assistant</td>
<td>(901) 767-8511</td>
<td><a href="mailto:mmcrisp@jccmemphis.org">mmcrisp@jccmemphis.org</a></td>
</tr>
<tr>
<td>Rabbi Jonah Keyak</td>
<td>Director for the Center for Jewish Living and Learning</td>
<td>(901) 259-9227</td>
<td><a href="mailto:jkeyak@jccmemphis.org">jkeyak@jccmemphis.org</a></td>
</tr>
<tr>
<td>Rashki Osina</td>
<td>FJFS Program Manager &amp; Therapist</td>
<td>(901) 767-8511</td>
<td><a href="mailto:rosina@jccmemphis.org">rosina@jccmemphis.org</a></td>
</tr>
<tr>
<td>Rhonda White</td>
<td>Program Assistant</td>
<td>(901) 259-9236</td>
<td><a href="mailto:rwhite@jccmemphis.org">rwhite@jccmemphis.org</a></td>
</tr>
<tr>
<td>Robert Schneider</td>
<td>IT/Facilities Director</td>
<td>(901) 259-9223</td>
<td><a href="mailto:rschneider@jccmemphis.org">rschneider@jccmemphis.org</a></td>
</tr>
<tr>
<td>Rosalyn Knox</td>
<td>Assistant Director of the MJCC</td>
<td>(901) 259-9210</td>
<td><a href="mailto:rknx@jccmemphis.org">rknx@jccmemphis.org</a></td>
</tr>
<tr>
<td>Sharon Kaplan</td>
<td>ECC Office Manager</td>
<td>(901) 259-9237</td>
<td><a href="mailto:skaplan@jccmemphis.org">skaplan@jccmemphis.org</a></td>
</tr>
<tr>
<td>Sophie Samuels</td>
<td>Camp and Youth Director</td>
<td>(901) 259-9222</td>
<td><a href="mailto:ssamuels@jccmemphis.org">ssamuels@jccmemphis.org</a></td>
</tr>
<tr>
<td>Steve Kaplan</td>
<td>Adult Services Coordinator</td>
<td>(901) 259-9220</td>
<td><a href="mailto:stevekaplan@jccmemphis.org">stevekaplan@jccmemphis.org</a></td>
</tr>
<tr>
<td>Tarus Bounds</td>
<td>Maintenance</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Teresa Hughes</td>
<td>FJFS Senior Services Manager</td>
<td>(901) 767-8511</td>
<td><a href="mailto:thughes@jccmemphis.org">thughes@jccmemphis.org</a></td>
</tr>
<tr>
<td>MJCC Main Phone</td>
<td>(901) 761-0810</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sports &amp; Fitness Desk</td>
<td>(901) 259-9229</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jewish Federation</td>
<td>(901) 767-7100</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wendy and Avron B.</td>
<td>Fogelman Jewish Family Service</td>
<td>(901) 767-8511</td>
<td></td>
</tr>
<tr>
<td>Jewish Foundation</td>
<td>(901) 374-0400</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
IN MEMORY OF

CAMILA MOBILY-GUITTA
Lindsey Chase & Troy Seals

BOBBIE & AARON BRENNER
Louis & Nancy Brenner

FLORENCE SKOPP
Susan & Barry Chase
The Siegler Family
Barrie & Enid Weiser

GAIL HERMAN
Ronald & Debbie Lazarov
Mickey & Arthur Buring
Max & Barbara Ostrow
Michael & Amy Egerman
Larry & Sophie Skolnick

ROBERT KLINE
The Orgel Family
Judie Ashkenaz

DAN JOSEPH’S GRANDMOTHER
Ben Katz

RUTH GERSON
Enid & Barrie Weiser

MARSHALL OSER
Allan & Marcia Hayden

LEONID SAHARIVICI
Eddie Siegel & Rose Rosen

WARREN KRAMER
Barrie & Enid Weiser

YEKUTIEL SHARABI
Barrie & Enid Weiser

BARRY SIEGEL
Barrie & Enid Weiser

HENRIETTA SHANKMAN
Dr. Reed Landau and Mrs. Shelley Robbins

FOR RECOVERY OF

DEANNA SERENCO
Jean & Buddy Ballin
Barrie & Enid Weiser

IN HONOR OF

JAYNIE JUDAKEN
Franco Taylor

RONALD HARKAVY’S BIRTHDAY
Lisa Levi & Family

DR. ROBERT KAPLAN
Rick Webb

JEROME & EVELYN MAKOWSKY
Barrie & Enid Weiser
Louise & Jerry Sklar

ARTHUR BURING’S BIRTHDAY
Deborah Weinstein
Marcia Moskovitz

JUDY KRIGER’S BIRTHDAY
Marcia Moskovitz

ALVIN & ELAINE GORDON’S 60TH WEDDING ANNIVERSARY
Barrie & Enid Weiser

LYNN GRUBER’S BIRTHDAY
Allan & Marcia Hayden

BENJAMIN TATE
Larose Coffey

MR. AND MRS. JEROME LIT
Irvin Schatz

FOR MACCABI IN HONOR OF OUR CHILDREN
HANNAH AND MARTIN
Jeffrey and Denise Kerlan
THESE GIFTS ARE DESIGNATED TO SUPPORT SOCIAL SERVICE PROGRAMMING AT JFS AT THE MJCC.

## IN MEMORY OF

<table>
<thead>
<tr>
<th>Name</th>
<th>Donors</th>
</tr>
</thead>
<tbody>
<tr>
<td>TILLAYA LUSKY</td>
<td>Betsy &amp; Steve Libby</td>
</tr>
<tr>
<td>HELEN SHERMAN</td>
<td>Michelle &amp; Paul Klein</td>
</tr>
<tr>
<td>MARY SHAINBERG</td>
<td>Jill Notowich</td>
</tr>
</tbody>
</table>

## FOR RECOVERY OF

<table>
<thead>
<tr>
<th>Name</th>
<th>Donors</th>
</tr>
</thead>
<tbody>
<tr>
<td>DEANNA SERENCO</td>
<td>Betsy &amp; Steve Libby</td>
</tr>
</tbody>
</table>

## IN HONOR OF

<table>
<thead>
<tr>
<th>Name</th>
<th>Donors</th>
</tr>
</thead>
<tbody>
<tr>
<td>SUZIE LAZAROV</td>
<td>Craig, Eve, Matthew, Jack, and Harper Lazarov</td>
</tr>
<tr>
<td>BILL MONROE</td>
<td>Deanna Burson</td>
</tr>
<tr>
<td>BROOKDALE FRIDAY VOLUNTEERS</td>
<td>Paul &amp; Binnie Alpert</td>
</tr>
<tr>
<td>ARTHUR BURING</td>
<td>Robert Pinstein</td>
</tr>
<tr>
<td>RONALD HARKAVY’S BIRTHDAY</td>
<td>Betsy &amp; Steve Libby</td>
</tr>
<tr>
<td>RAYNA &amp; MICHAEL GREENBERG</td>
<td>Evelyn &amp; Jerome Makowsky</td>
</tr>
<tr>
<td>Suzie Lazarov</td>
<td>Jill Notowich</td>
</tr>
</tbody>
</table>

Connecting, Engaging, and Strengthening Jewish Memphis